

Free State, LHS, Miego SMS, Turner - 4/11/2023

Results - Free State, LHS, Miego, SMS, Turner

Event 1 Girls 200 Yard Medley Relay

2:05.41 6A S

2:07.73 5A S

2:11.68 6A C

2:14.12 5A C

| Team | Relay | Finals Time |
|----------------------------|----------------------------|---------------|
| 1 FREE | A | 1:54.49 6A S |
| 1) Ward, Bradie SR | 2) Wilson, Jocelyn SO | |
| 3) Gao, Gayla SO | 4) Packard, Samantha SR | |
| 27.79 34.95 | 27.28 24.47 | |
| 2 FREE | B | 1:54.65 6A S |
| 1) Hindman, Lolly SR | 2) McCullough, Halle SR | |
| 3) Engelbrecht, Liza JR | 4) Romero, Olivia SR | |
| 29.26 30.67 | 27.41 27.31 | |
| 3 MIEGE-ZZ | A | 2:02.24 6A S |
| 1) McCauley, Maggie SO | 2) Walsh, Emma SO | |
| 3) Grant, Mary FR | 4) Winklhofer, Claire SR | |
| 30.98 34.87 | 28.04 28.35 | |
| 4 FREE | C | x2:11.76 5A C |
| 1) Gao, May SR | 2) Quilez, Daniela SO | |
| 3) Hasiuk, Lena FR | 4) Fowle, Camryn SO | |
| 34.67 36.70 | 31.20 29.19 | |
| 5 LAWR | A | 2:12.29 5A C |
| 1) Jones, Abi SR | 2) Myers-Arenth, Lulu SR | |
| 3) Kohart, Ava SO | 4) McDermott, Macie SR | |
| 34.38 36.44 | 33.92 27.55 | |
| 6 MIEGE-ZZ | B | 2:21.47 |
| 1) Soldner, Cameron SR | 2) Cleveland, Lucy SO | |
| 3) Wicker, Claire JR | 4) Cleveland, Abby SO | |
| 36.50 38.61 | 36.10 30.26 | |
| 7 FREE | D | x2:25.14 |
| 1) Nagel, Olivia JR | 2) Masterson, Sarah JR | |
| 3) Rockhold, Amelia FR | 4) Dobski, Kendall SO | |
| 40.10 42.97 | 31.88 30.19 | |
| 8 LAWR | B | 2:30.41 |
| 1) Mauldin, Ragan SR | 2) Saint Onge, Channing SO | |
| 3) Meinershagen, Violet FR | 4) Brandt, Emily JR | |
| 41.76 40.62 | 38.76 29.27 | |
| --- SMS-G | A | 2:14.21 |
| 1) Wasco, Melody JR | 2) Niemann, Lucy JR | |
| 3) Krussow, Tove SR | 4) Sharpe, Syriana FR | |
| 35.14 42.35 | 28.62 28.10 | |

Event 2 Girls 200 Yard Freestyle

2:07.87 6A S

2:11.66 5A S

2:14.26 6A C

2:18.24 5A C

| Name | YrSchool | Finals Time |
|--------------------|-------------|--------------|
| 1 Wilson, Jocelyn | SO FREE | 2:07.59 6A S |
| 28.78 32.46 | 33.70 32.65 | |
| 2 McCauley, Maggie | SO MIEGE-ZZ | 2:11.69 6A C |
| 29.87 32.78 | 34.35 34.69 | |
| 3 Lundin, Ellen | SR SMS-G | 2:15.67 5A C |
| 31.10 34.72 | 35.57 34.28 | |
| 4 Guy, Aidyn | SO FREE | 2:16.64 5A C |
| 30.70 34.09 | 36.30 35.55 | |

| | | |
|-----------------------|-------------|----------|
| 5 Murray, Ainsley | JR MIEGE-ZZ | 2:22.99 |
| 33.32 36.60 | 37.74 35.33 | |
| 6 Unekis, Paige | SR LAWR | 2:23.17 |
| 32.21 35.88 | 37.96 37.12 | |
| 7 Wissel, Carleigh | SR SMS-G | 2:24.74 |
| 32.95 36.26 | 38.15 37.38 | |
| 8 Guthrie, Charlotte | JR SMS-G | 2:27.45 |
| 33.44 37.40 | 38.47 38.14 | |
| 9 Robertson, Karsyn | SR FREE | 2:30.87 |
| 33.19 36.86 | 39.88 40.94 | |
| 10 Dreiling, Lucy | FR SMS-G | x2:35.09 |
| 36.31 38.22 | 40.17 40.39 | |
| 11 McLaughlin, Sophia | SO LAWR | 2:43.20 |
| 38.75 42.09 | 42.40 39.96 | |
| 12 Mauldin, Ragan | SR LAWR | 2:50.77 |
| 40.24 44.25 | 44.13 42.15 | |
| 13 Morse, Channing | SO LAWR | x2:52.80 |
| 39.10 44.04 | 46.08 43.58 | |

Event 3 Girls 200 Yard IM

2:25.37 6A S

2:31.60 5A S

2:32.64 6A C

2:39.18 5A C

| Name | YrSchool | Finals Time |
|-----------------------------|-------------|--------------|
| 1 Packard, Samantha | SR FREE | 2:11.97 6A S |
| 29.04 34.51 | 38.29 30.13 | |
| 2 McCullough, Halle | SR FREE | 2:12.37 6A S |
| 29.72 34.07 | 37.52 31.06 | |
| 3 Schmierer Knust, Gretchen | SR SMS-G | 2:29.70 5A S |
| 30.69 34.63 | 50.40 33.98 | |
| 4 Myers-Arenth, Lulu | SR LAWR | 2:31.84 6A C |
| 38.09 42.36 | 46.98 24.41 | |
| 5 Wicker, Claire | JR MIEGE-ZZ | 2:47.52 |
| 36.56 42.72 | 50.18 38.06 | |
| 6 Kohart, Ava | SO LAWR | 2:48.23 |
| 38.39 42.89 | 48.80 38.15 | |
| 7 McGuire, Kate | SO MIEGE-ZZ | 2:50.61 |
| 37.89 42.67 | 51.40 38.65 | |
| 8 Jones, Ella | FR TURN | 2:51.95 |
| 36.31 43.80 | 52.84 39.00 | |
| 9 Wasco, Melody | JR SMS-G | 2:56.72 |
| 39.93 42.02 | 53.39 41.38 | |

Event 4 Girls 50 Yard Freestyle

26.19 6A S

26.83 5A S

27.50 6A C

28.17 5A C

| Name | YrSchool | Finals Time |
|---------------------|-------------|-------------|
| 1 Ward, Bradie | SR FREE | 25.03 6A S |
| 2 Asir, Castiliya | FR SMS-G | 25.48 6A S |
| 3 Engelbrecht, Liza | JR FREE | 25.59 6A S |
| 4 Grant, Mary | FR MIEGE-ZZ | 26.04 6A S |
| 5 Gao, Gayla | SO FREE | 26.35 5A S |
| 6 Krussow, Tove | SR SMS-G | 26.62 5A S |
| 7 Liu, Silvio | SR FREE | x27.68 5A C |
| 8 Romero, Olivia | SR FREE | x27.79 5A C |

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Results - Free State, LHS, Miego, SMS, Turner

(Event 4 Girls 50 Yard Freestyle)

| Name | YrSchool | Finals Time |
|-----------------------|-------------|-------------|
| 9 Sharpe, Syriana | FR SMS-G | 28.66 |
| 10 Winkhofer, Claire | SR MIEGE-ZZ | 28.73 |
| 11 Pepin, Maya | SR MIEGE-ZZ | 28.90 |
| 12 Fowle, Camryn | SO FREE | x29.11 |
| 13 Masterson, Sarah | JR FREE | x29.36 |
| 14 Dobski, Kendall | SO FREE | x29.95 |
| 15 Brandt, Emily | JR LAWR | 30.40 |
| 16 Cleveland, Abby | SO MIEGE-ZZ | x30.86 |
| 17 McCabe, Georgia | JR SMS-G | x30.88 |
| 18 Miller, Isabella | FR SMS-G | x30.91 |
| 19 Gao, May | SR FREE | x30.96 |
| 20 Cleveland, Lucy | SO MIEGE-ZZ | x31.63 |
| 21 Quilez, Daniela | SO FREE | x31.70 |
| 22 Edie, Sacia | SO FREE | x32.12 |
| 23 Morrill, McKenna | FR SMS-G | x32.19 |
| 24 Montgomery, Maggie | SO SMS-G | x32.28 |
| 25 Nagel, Olivia | JR FREE | x33.01 |
| 26 Lueckenotto, Emily | SO MIEGE-ZZ | x34.13 |
| 27 Wycoff, Sydney | SR LAWR | 34.17 |
| *28 Niemann, Lucy | JR SMS-G | x35.29 |
| *28 Nauhholz, Alexa | SO LAWR | 35.29 |
| 30 Gordon-Ross, Anna | FR LAWR | x37.03 |
| 31 Martin, Jaden | FR TURN | 37.94 |
| 32 Rosales, Cristine | TURN | 38.37 |
| 33 Alvarez, Ember | FR FREE | x39.57 |
| 34 Goldman, Avery | JR LAWR | x40.34 |
| 35 Gabrielson, Maggie | SO FREE | x41.45 |
| 36 Segovia, Catherine | TURN | 53.64 |

Event 5 Girls 1 mtr Diving

| Name | YrSchool | Finals Score |
|-----------------------|----------|--------------|
| 1 Brandt, Emily | JR LAWR | 220.75 |
| 2 MacCaffree, Julia | MIEGE-ZZ | 185.60 |
| 3 Waller, Greta | JR SMS-G | 180.10 |
| 4 Wirth, Sophie | JR LAWR | 179.45 |
| 5 Huang, Maya | SR FREE | 174.60 |
| 6 Qualseth, Mallory | JR FREE | 158.40 |
| 7 Fowler, Peyton | SR LAWR | 157.30 |
| 8 Kingery, Meara | JR LAWR | x154.75 |
| 9 Andrew, Taylor | FR FREE | 131.45 |
| 10 Warrior, Josephine | JR FREE | x126.90 |
| 11 Landers, Jayne | JR FREE | x100.60 |

Event 6 Girls 100 Yard Butterfly

1:05.56 6A S

1:07.61 5A S

1:08.84 6A C

1:10.99 5A C

| Name | YrSchool | Finals Time |
|---------------------|----------|--------------|
| 1 Gao, Gayla | SO FREE | 1:00.36 6A S |
| 28.78 | 31.58 | |
| 2 Engelbrecht, Liza | JR FREE | 1:00.94 6A S |
| 28.46 | 32.48 | |
| 3 Hindman, Lolly | SR FREE | 1:03.98 6A S |
| 29.71 | 34.27 | |

| | | |
|--------------------|-------------|---------------|
| 4 Hasiuk, Lena | FR FREE | x1:07.77 6A C |
| 31.65 | 36.12 | |
| 5 Walsh, Emma | SO MIEGE-ZZ | 1:07.78 6A C |
| 30.57 | 37.21 | |
| 6 Lundin, Ellen | SR SMS-G | 1:09.82 5A C |
| 33.21 | 36.61 | |
| 7 Rockhold, Amelia | FR FREE | x1:10.96 5A C |
| 33.30 | 37.66 | |
| 8 Jones, Abi | SR LAWR | 1:19.05 |
| 36.21 | 42.84 | |
| 9 Morrill, McKenna | FR SMS-G | 1:29.71 |
| 38.73 | 50.98 | |

Event 7 Girls 100 Yard Freestyle

57.75 6A S

59.44 5A S

1:00.63 6A C

1:02.41 5A C

| Name | YrSchool | Finals Time |
|-----------------------------|-------------|---------------|
| 1 Ward, Bradie | SR FREE | 54.71 6A S |
| 26.45 | 28.26 | |
| 2 Schmierer Knust, Gretchen | SR SMS-G | 58.09 5A S |
| 27.97 | 30.12 | |
| 3 Liu, Silvio | SR FREE | 1:01.18 5A C |
| 29.46 | 31.72 | |
| 4 Guy, Aidyn | SO FREE | 1:01.30 5A C |
| 29.50 | 31.80 | |
| 5 Pepin, Maya | SR MIEGE-ZZ | 1:02.11 5A C |
| 29.72 | 32.39 | |
| 6 Romero, Olivia | SR FREE | x1:02.12 5A C |
| 29.01 | 33.11 | |
| 7 Jones, Ella | FR TURN | 1:02.85 |
| 30.05 | 32.80 | |
| 8 Wissel, Carleigh | SR SMS-G | 1:05.30 |
| 31.41 | 33.89 | |
| 9 Guthrie, Charlotte | JR SMS-G | 1:07.03 |
| 31.96 | 35.07 | |
| 10 McGuire, Kate | SO MIEGE-ZZ | 1:07.70 |
| 32.52 | 35.18 | |
| 11 Masterson, Sarah | JR FREE | x1:08.22 |
| 31.89 | 36.33 | |
| 12 Robertson, Karsyn | SR FREE | x1:08.46 |
| 32.50 | 35.96 | |
| 13 Unekis, Paige | SR LAWR | 1:09.34 |
| 33.75 | 35.59 | |
| 14 Ohlde, Lauren | JR SMS-G | x1:09.54 |
| 32.45 | 37.09 | |
| 15 Edie, Sacia | SO FREE | x1:10.67 |
| 33.36 | 37.31 | |
| 16 Dobski, Kendall | SO FREE | x1:10.96 |
| 34.72 | 36.24 | |
| 17 Montgomery, Maggie | SO SMS-G | x1:12.39 |
| 34.94 | 37.45 | |
| 18 Nagel, Olivia | JR FREE | x1:16.32 |
| 19 Lueckenotto, Emily | SO MIEGE-ZZ | 1:16.56 |
| 36.41 | 40.15 | |
| 20 Wycoff, Sydney | SR LAWR | 1:17.71 |
| 37.64 | 40.07 | |

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Results - Free State, LHS, Miego, SMS, Turner

(Event 7 Girls 100 Yard Freestyle)

| Name | YrSchool | Finals Time |
|-----------------------|----------|-------------|
| 21 Tompkins, Kara | JR SMS-G | x1:17.88 |
| 35.66 | 42.22 | |
| 22 Morse, Channing | SO LAWR | 1:19.68 |
| 36.88 | 42.80 | |
| 23 Nauholtz, Alexa | SO LAWR | x1:20.99 |
| 38.80 | 42.19 | |
| 24 Gordon-Ross, Anna | FR LAWR | x1:23.90 |
| 42.16 | 41.74 | |
| 25 Rosales, Cristine | TURN | 1:26.91 |
| 41.36 | 45.55 | |
| 26 Alvarez, Ember | FR FREE | x1:32.19 |
| 44.48 | 47.71 | |
| 27 Goldman, Avery | JR LAWR | x1:35.64 |
| 45.83 | 49.81 | |
| 28 Gabrielson, Maggie | SO FREE | x1:40.30 |
| 46.43 | 53.87 | |

Event 8 Girls 500 Yard Freestyle

5:49.85 6A S
 5:57.96 5A S
 6:07.34 6A C
 6:15.85 5A C

| Name | YrSchool | Finals Time |
|------------------------|----------|--------------|
| 1 Nuckolls, Molly | JR FREE | 5:31.86 6A S |
| 30.21 | 32.34 | 33.16 33.71 |
| 34.23 | 33.71 | 33.84 34.11 |
| 33.96 | 32.59 | |
| 2 Hasiuk, Lena | FR FREE | 5:52.78 5A S |
| 31.56 | 34.75 | 35.69 35.05 |
| 35.71 | 36.27 | 36.88 37.13 |
| 34.99 | 34.75 | |
| 3 Rockhold, Amelia | FR FREE | 6:22.92 |
| 34.07 | 37.63 | 39.49 39.32 |
| 39.14 | 39.43 | 39.08 38.72 |
| 38.17 | 37.87 | |
| 4 McDermott, Macie | SR LAWR | 6:46.06 |
| 36.03 | 39.97 | 41.24 41.14 |
| 41.65 | 42.24 | 41.45 41.90 |
| 41.45 | 38.99 | |
| 5 Dreiling, Lucy | FR SMS-G | 6:55.95 |
| 36.14 | 39.49 | 41.49 42.44 |
| 43.87 | 43.86 | 43.52 43.35 |
| 42.47 | 39.32 | |
| 6 Meinershagen, Violet | FR LAWR | 6:57.72 |
| 37.38 | 40.19 | 41.98 41.80 |
| 42.00 | 43.19 | 43.74 42.50 |
| 42.56 | 42.38 | |
| 7 McLaughlin, Sophia | SO LAWR | 7:23.00 |
| 40.02 | 43.46 | 44.73 45.96 |
| 45.63 | 44.90 | 44.88 45.72 |
| 45.41 | 42.29 | |

Event 9 Girls 200 Yard Freestyle Relay

1:51.07 6A S
 1:52.95 5A S
 1:56.63 6A C
 1:58.59 5A C

| Team | Relay | Finals Time |
|--------------------------|---------------------------------|--------------|
| 1 FREE | A | 1:48.10 6A S |
| 1) Liu, Silvio SR | 2) Romero, Olivia SR | |
| 3) Wilson, Jocelyn SO | 4) McCullough, Halle SR | |
| 28.12 | 27.77 | 26.25 25.96 |
| 2 SMS-G | A | 1:48.51 6A S |
| 1) Lundin, Ellen SR | 2) Schmierer Knust, Gretchen SR | |
| 3) Wissel, Carleigh SR | 4) Asir, Castiliya FR | |
| 27.98 | 27.00 | 28.69 24.84 |
| 3 MIEGE-ZZ | A | 1:49.22 6A S |
| 1) McCauley, Maggie SO | 2) Walsh, Emma SO | |
| 3) Winklhofer, Claire SR | 4) Grant, Mary FR | |
| 27.64 | 27.23 | 28.22 26.13 |
| 4 LAWR | A | 1:54.88 6A C |
| 1) Myers-Arenth, Lulu SR | 2) Brandt, Emily JR | |
| 3) Kohart, Ava SO | 4) McDermott, Macie SR | |
| 29.05 | 28.15 | 29.28 28.40 |
| 5 FREE | B | 2:01.81 |
| 1) Fowle, Camryn SO | 2) Gao, May SR | |
| 3) Dobski, Kendall SO | 4) Masterson, Sarah JR | |
| 29.51 | 31.59 | 30.64 30.07 |
| 6 MIEGE-ZZ | B | 2:03.84 |
| 1) Cleveland, Abby SO | 2) Pepin, Maya SR | |
| 3) McGuire, Kate SO | 4) Wicker, Claire JR | |
| 31.13 | 29.53 | 31.99 31.19 |
| 7 SMS-G | B | 2:04.20 |
| 1) McCabe, Georgia JR | 2) Guthrie, Charlotte JR | |
| 3) Ohlde, Lauren JR | 4) Montgomery, Maggie SO | |
| 32.19 | 29.93 | 30.21 31.87 |
| 8 MIEGE-ZZ | C | x2:06.62 |
| 1) Cleveland, Lucy SO | 2) Soldner, Cameron SR | |
| 3) Lueckenotto, Emily SO | 4) Murray, Ainsley JR | |
| 31.85 | 30.13 | 34.60 30.04 |
| 9 FREE | C | x2:08.47 |
| 1) Quilez, Daniela SO | 2) Nagel, Olivia JR | |
| 3) Robertson, Karsyn SR | 4) Edie, Sacia SO | |
| 31.12 | 33.10 | 31.93 32.32 |
| 10 LAWR | B | 2:13.43 |
| 1) Morse, Channing SO | 2) Saint Onge, Channing SO | |
| 3) Wycoff, Sydney SR | 4) Unekis, Paige SR | |
| 36.92 | 31.00 | 34.90 30.61 |
| 11 FREE | D | x2:43.82 |
| 1) Guy, Aidyn SO | 2) Alvarez, Ember FR | |
| 3) Andrew, Taylor FR | 4) Gabrielson, Maggie SO | |
| 28.88 | 43.40 | 49.43 42.11 |

Free State, LHS, Miego SMS, Turner - 4/11/2023

Results - Free State, LHS, Miego, SMS, Turner

Event 10 Girls 100 Yard Backstroke

1:04.89 6A S
1:07.56 5A S
1:08.14 6A C
1:10.94 5A C

| Name | YrSchool | Finals Time |
|------------------------|-------------|--------------|
| 1 Packard, Samantha | SR FREE | 1:00.93 6A S |
| 29.82 31.11 | | |
| 2 Hindman, Lolly | SR FREE | 1:04.90 5A S |
| 31.47 33.43 | | |
| 3 Krussow, Tove | SR SMS-G | 1:05.34 5A S |
| 31.75 33.59 | | |
| 4 Jones, Abi | SR LAWR | 1:11.60 |
| 35.24 36.36 | | |
| 5 Sharpe, Syriana | FR SMS-G | 1:12.26 |
| 35.13 37.13 | | |
| 6 Murray, Ainsley | JR MIEGE-ZZ | 1:14.39 |
| 35.99 38.40 | | |
| 7 Wasco, Melody | JR SMS-G | 1:15.49 |
| 36.85 39.92 | | |
| 9 Meinershagen, Violet | FR LAWR | 1:19.10 |
| 38.52 40.58 | | |
| 10 Soldner, Cameron | SR MIEGE-ZZ | 1:27.24 |
| 41.02 46.22 | | |
| 11 Mauldin, Ragan | SR LAWR | 1:30.43 |
| 44.41 46.02 | | |

Event 11 Girls 100 Yard Breaststroke

1:13.95 6A S
1:17.65 6A C
1:17.93 5A S
1:21.83 5A C

| Name | YrSchool | Finals Time |
|----------------------|-------------|---------------|
| 1 McCullough, Halle | SR FREE | 1:06.91 6A S |
| 31.89 35.02 | | |
| 2 Asir, Castiliya | FR SMS-G | 1:14.91 6A C |
| 34.77 40.14 | | |
| 3 Wilson, Jocelyn | SO FREE | 1:16.44 6A C |
| 36.05 40.39 | | |
| 4 Nuckolls, Molly | JR FREE | 1:19.31 5A C |
| 37.40 41.91 | | |
| 5 Winkhofer, Claire | SR MIEGE-ZZ | 1:20.53 5A C |
| 37.65 42.88 | | |
| 6 Fowle, Camryn | SO FREE | x1:20.59 5A C |
| 38.07 42.52 | | |
| 7 Myers-Arenth, Lulu | SR LAWR | 1:23.17 |
| 39.81 43.36 | | |
| 8 Quilez, Daniela | SO FREE | x1:23.69 |
| 40.33 43.36 | | |
| 9 Cleveland, Lucy | SO MIEGE-ZZ | 1:26.47 |
| 39.47 47.00 | | |
| 10 Kohart, Ava | SO LAWR | 1:32.15 |
| 43.35 48.80 | | |
| 11 Ohlde, Lauren | JR SMS-G | 1:32.35 |
| 43.66 48.69 | | |

| | | |
|-------------------------|----------|----------|
| 12 Saint Onge, Channing | SO LAWR | 1:32.81 |
| 44.04 48.77 | | |
| 13 McCabe, Georgia | JR SMS-G | 1:33.94 |
| 43.23 50.71 | | |
| 14 Tompkins, Kara | JR SMS-G | x1:37.56 |
| 45.25 52.31 | | |
| --- Niemann, Lucy | JR SMS-G | DQ |
| 44.63 47.94 | | |

Event 12 Girls 400 Yard Freestyle Relay

4:09.74 6A S
4:11.12 5A S
4:22.22 6A C
4:23.68 5A C

| Team | Relay | Finals Time |
|---------------------------------|----------------------------|--------------|
| 1 FREE | A | 3:47.97 6A S |
| 1) Packard, Samantha SR | 2) Engelbrecht, Liza JR | |
| 3) Nuckolls, Molly JR | 4) Ward, Bradie SR | |
| 27.29 56.79 | 26.81 56.55 | |
| 29.23 1:00.25 | 26.10 54.38 | |
| 2 MIEGE-ZZ | A | 3:59.27 6A S |
| 1) Grant, Mary FR | 2) Walsh, Emma SO | |
| 3) Pepin, Maya SR | 4) McCauley, Maggie SO | |
| 27.52 58.43 | 28.83 1:00.85 | |
| 29.07 1:00.83 | 28.26 59.16 | |
| 3 SMS-G | A | 3:59.28 6A S |
| 1) Lundin, Ellen SR | 2) Krussow, Tove SR | |
| 3) Schmierer Knust, Gretchen SR | 4) Asir, Castiliya FR | |
| 29.50 1:01.57 | 29.50 1:01.94 | |
| 28.04 59.23 | 26.53 56.54 | |
| 4 FREE | B | 4:04.48 6A S |
| 1) Liu, Silvio SR | 2) Hasiuk, Lena FR | |
| 3) Hindman, Lolly SR | 4) Gao, Gayla SO | |
| 29.00 1:00.37 | 30.97 1:04.36 | |
| 29.27 1:01.17 | 27.41 58.58 | |
| 5 FREE | C | x4:33.44 |
| 1) Rockhold, Amelia FR | 2) Robertson, Karsyn SR | |
| 3) Edie, Sacia SO | 4) Guy, Aidyn SO | |
| 31.71 1:05.98 | 33.34 1:10.13 | |
| 33.74 1:12.39 | 31.06 1:04.94 | |
| 6 LAWR | A | 4:34.10 |
| 1) Jones, Abi SR | 2) Unekis, Paige SR | |
| 3) Meinershagen, Violet FR | 4) McDermott, Macie SR | |
| 32.36 1:07.74 | 32.37 1:08.00 | |
| 33.84 1:11.18 | 32.37 1:07.18 | |
| 7 MIEGE-ZZ | B | 4:41.22 |
| 1) McGuire, Kate SO | 2) Cleveland, Abby SO | |
| 3) Wicker, Claire JR | 4) Soldner, Cameron SR | |
| 32.74 1:08.96 | 32.45 1:09.23 | |
| 32.84 1:10.57 | 35.81 1:12.46 | |
| 8 LAWR | B | 5:06.13 |
| 1) Wycoff, Sydney SR | 2) Mauldin, Ragan SR | |
| 3) McLaughlin, Sophia SO | 4) Saint Onge, Channing SO | |
| 38.76 1:19.24 | 37.89 1:17.88 | |
| 36.58 1:16.62 | 34.90 1:12.39 | |

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| Team | Relay | Finals Time | |
|-------------------------|-----------------------|--------------------|---------|
| 9 LAWR | C | x5:31.67 | |
| 1) Gordon-Ross, Anna FR | 2) Goldman, Avery JR | | |
| 3) Nauholz, Alexa SO | 4) Morse, Channing SO | | |
| 41.01 | 1:23.32 | 41.90 | 1:30.37 |
| 37.37 | 1:27.97 | 29.63 | 1:10.01 |

Scores - Women

| Women - Team Rankings - Through Event 12 | |
|---|-----|
| 1. Lawrence Free State High Schoo | 480 |
| 2. Bishop Miego | 259 |
| 3. Lawrence High | 254 |
| 4. Shawnee Mission South | 245 |
| 5. Turner High School | 14 |